

**THIS IS MY
SEED**

Melinda Biel

THIS IS MY SEED

DEVOTIONAL FOR PLANTING FAITH IN KIDS

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Dedication:

To my Lord Jesus. Thank you for the grace we have through you. To the Holy Spirit, who led me to obey and write this. To my Father God, who loves me.

To my own children: Kyla, Avery & Robyn. May your own hearts be filled and overflowing with faith & love, that it spills out to those around you.

LETTER TO THE PARENTS

Hello! The purpose of this book to teach your kids how to TALK about faith and how to confess their faith through the word of God. God's word is the seed that can grow in their hearts.

Each devotional contains scripture, questions, confession and a prayer.

Feel free to ask some or all the questions included. The confession part of each devotional should be spoken **out loud** by your kids. The more we can get our own kids talking about the topics, verses, questions and the confession, the more faith will take root in their heart.

Go ahead and scream, shout & cheer if you like when speaking the confession portion. Let's fire up the word of God in our kids. His mighty word will take them through any challenge in their lives. I recommend this devotional to children ages 5 and up because they are ready to sit, listen and participate in a devotional that goes beyond a Bible story. However, feel free to use this devotional for any age group.

Lead your children through the confession of Faith each day. It will be marked easily as **"Confession!"**. Each week will build off the previous week, until at the end of 6 weeks an entire God focused, faith building confession will be made:

I choose Life!	(week 1)
I choose Love!	(week 2)
I choose Faith!	(week 3)
I wear God's armor and resist the devil.	(week 4)
Holy Spirit be my guide. I am free through Christ!	(week 5)
Victory is mine and I am an Overcomer!!!	(week 6)

All the scripture in this devotional is from the International Children's Bible (ICB). I used this version because it speaks to children in terms that are easy for them to understand.

Suggestions:

*When you read the confession, have them repeat it after you. Some kids will easily and happily do this, others may need some coaching & practice. Keep at it.

Remember, the goal here is to get kids talking about their faith, putting God's word not only in their hearts & minds, but in what they say.

*Plan about 5 minutes to go through each daily devotional. They may want to have more time to talk and discuss their own questions, and that's great!

*I have always found doing devotions with my kids works best in the mornings, even at the breakfast table (before, during or after) and a great way to start the day. It gets them thinking on the right track and plants the seed of faith in their hearts as they start each day. But no matter what time of the day you have devotions with your children, it becomes valuable to them when you make time for it.

Question's:

You may be wondering **why** we should get the kids to say the confession out loud? The answer comes straight from the the Bible.

Romans 10:10 says:

We believe with our hearts, and so we are made right with God. And we **declare with our mouths to say** that we believe, and so we are saved.

God's word tells us that we must **say things** with our mouth. That's why when we accept Jesus as our Lord, we say it out loud. The same is true with all other acts of faith, we must say them with our mouths. Many other verses confirm this, and you can find them in Isaiah 55:11, Mark 11:23, Joel 3:10, and Psalm 107:2.

You may also be wondering, why isn't a kid's devotional focused on the classic Bible stories? God put it on my heart to write a devotional in this manner to get kids speaking life & faith over their lives. Knowing all the Bible stories is valuable, but it's not the only information our kids need to know.

So now I pray over you, the parent or caregiver preparing to start this devotional with the children you love. I pray the Holy Spirit guides you into His word, into His presence, and into His truth.



WEEK 1: LIFE DAY 1

This week is about choosing Life! The focus today is that LIFE is a choice. And God gave us that choice.

Let's read today's word of God from Deuteronomy 30:19
Today I ask heaven and earth to be witnesses. I am offering you life or death, blessings or curses. Now, choose life! Then you and your children may live.

God gave his people a choice in the Bible days. The choice was life with blessings or death with curses. God will not force you to do anything, and that choice is still here for you today. God is saying to choose life! Why? So that you may live and have a good life filled with blessings. This is what God wants for you. We will learn more this week about how choosing life, God's life, will bless us.

Questions: What kind of choices do we have each day? What sounds better to you: life & blessings, or death and curses? Can you think of a time when you or your parent chose to spend more time with God, even though life was busy, and it brought life?

Confession (they can repeat after you): **"I choose LIFE!"**

Pray: Father God, thank you for who you are. You are a good God who gives us good choices. We choose life today. Today, we choose you! Amen.



WEEK 1: LIFE DAY 2

Today we continue to learn about choosing life.

Let's look at Proverbs 4:21-22

Don't ever forget my words. Keep them deep within your heart. These words are the secret to life for those who find them. They bring health to the whole body.

What is God saying here? He is "saying" keep God's word, the Bible, in your heart and in your mind. How? By reading it! By listening! By memorizing scripture! And what does that bring us? It brings life! When we choose to learn God's word in the Bible, we are choosing life! And it brings health to the whole body. That's why we want to learn more about God's word- the Bible. Choosing to read God's word is choosing LIFE.

Questions: If God's word can bring health to our body (and we know it does because His word says so), then do you think it's a good idea that we spend time reading and learning His word? In what areas of your life can God's word help you? At school? With your family?

Confession (they can repeat after you): **"I choose LIFE!"**

Pray: Father God, thank you for your word. Thank you it brings life. I will choose life and choose to spend time learning your word. Amen.



WEEK 1: LIFE DAY 3

Today we focus on a decision that can change anyone's life. It is the most important decision of your life!

Today we read John 14:6 where Jesus says, I am the way. And I am the truth and the life. The only way to the Father is through me.

Jesus Christ is the Son of God and was sent to this world so that we could have everlasting life with our Father God. He is the life! You probably know John 3:16 which says, "For God loved the world so much that he gave his only Son". God gave his Son so that whoever believes in Him may not be lost, but have eternal life.

In order to have eternal life in heaven with God, we need to decide that Jesus is the Son of God. We must believe He died on the cross for our sins and rose from the dead so that we may be set free from sin and live forever with Him.

Questions: What does eternal life mean? Do we need to be afraid of death if we choose Jesus? Is there any other way to get to our Father God other than through Jesus?

Confession (they can repeat after you): **"I choose LIFE!"**

Pray: (Parents get ready! If you like, you can lead your child through the salvation prayer. They can repeat it after you. Even if your child has already said this prayer, they can say it again if they want to).

Father God thank you for sending your son Jesus. I believe He died on the cross for my sins. I believe He rose again. He is the way, the truth and the life. I choose you Jesus as my Lord. Thank-you for eternal life. Amen.



WEEK 1: LIFE

DAY 4

Today we are learning about how our words can bring life.

Let's look at Proverbs 18:21

What you say can mean life or death. Those who love to talk will be rewarded for what they say.

We have been learning that God's word brings life. We must also understand that our words are powerful too. We can speak words of death or we can speak words of life! Have you ever said, "Oh, this is killing me!" Or do you say things that are nasty and mean?

You may think this is no big deal, but that's not what the Bible says. When we continually speak a certain way, the Bible says we will be rewarded. Rewarded with bad or rewarded with good, the choice is up to you in the words you speak. Choose to speak positive, encouraging words over your life. Choose words of life.

Questions: What are some examples words of life? What are some examples of words of death? When we are upset what kinds of words do we usually say?

Confession (they can repeat after you): **"I choose LIFE!"**

Pray: Father God, thank you for helping me to choose good words. I want to speak life into myself, and others. I choose you Lord. Amen.



WEEK 1: LIFE DAY 5

This week we have learned about choosing life. Choosing eternal life by having Jesus as our Lord, is the most important decision you will ever make.

Today let's look at the words of Jesus from John 6:63

It is not the flesh that gives a person life. It is the spirit that gives life. The words I told you are spirit, and so they give life.

Maybe you're not sure what the right words are to say when you want to choose life. A great place to start is right in the Bible with the words that Jesus says. They give life! Jesus also says in John 10:10, "I have come that they may have life, and they may have it more abundantly".

You can start out by saying, "It's going to be a great day, because I have Jesus and he gives me abundant life." It's important to say these things especially when we don't feel like it! It's not about how we feel, it's about being obedient to the word of God. Why? Because it brings life!

Questions: What is abundant life, what does it include? How do you think our attitude would change if we spoke words of life, especially if we didn't feel like it? Can you say something positive that brings life?

Confession (they can repeat after you): **"I choose LIFE!"**

Pray: Father God, I want your abundant life. Thank you that Jesus' words bring us life. I will choose Jesus, and I will choose life. I will be careful with the words that I say, and I will learn more about the words Jesus said by reading your word. Amen.



**WEEK 1: LIFE
WEEKEND DAY 6**

Read these words of life from John 11:25

Jesus said to her, “I am the resurrection and the life. He who believes in me will have life even if he dies.”

Confession (they can repeat after you): **“I choose LIFE!”**

Pray: Lord, you are life. Thank you for giving us eternal life. We believe in you Jesus. Amen.

**WEEK 1: LIFE
WEEKEND DAY 7**

Read these words of life from John 8:12

Later Jesus talked to the people again. He said, “I am the light of the world. The person who follows me will never live in darkness. He will have the light that gives life.”

Confession (they can repeat after you): **“I choose LIFE!”**

Pray: Father God, thank you for your son Jesus. He is the reason we can have hope when things get tough in this world. He truly is the light that leads to life. We choose to follow after you Jesus. Amen.



WEEK 2: LOVE

DAY 1

Love is a big topic. Too much of what we normally consider love is misunderstood because of what we see on TV or online. Or we might say “I love hamburgers.” or “I love my new shirt”, when what really mean is that we “enjoy hamburgers” or “I enjoy wearing my new shirt”. Love is so much more than enjoying something and so much more than what we see on TV. The truth about love can be found in the Bible.

Let’s read what love really is in 1 John 4:8

Whoever does not love does not know God, because God is love.

God is love! We learned last week how much God loved us, by sending His son to pay for ALL the sin of the world. That’s a lot of love! It’s amazing to think that the God of the universe, the One who made the sun and the stars, the One who has almighty power, loves you! Yes you. Even when you are having a bad day, or if you feel like no one loves you. That doesn’t stop God’s love. No matter who you are, what you did, or how you feel, God still loves you. Nothing can stop that.

Questions: What does love mean to you? Do you think you understand what God’s love is? Where can we find real love?

Today, our confession builds off of last week.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE!”**

Pray: Father God, you are love. Thank you for loving me. I believe that you love me. Amen.



WEEK 2: LOVE DAY 2

Maybe you've heard of the Ten Commandments in the Old Testament. They were rules God's people obeyed to follow Him. They were good rules like, "honor your mother and father" and "do not steal." In the New Testament, Jesus gives us a new commandment. And not just any commandment. It's the Greatest! So that means it's the most important rule ever, and we should be doing everything we can to obey it.

Matthew 22:36-38 says

The people asked Jesus: "Teacher, which command in the law is the most important?" Jesus answered, "Love the Lord your God with all your heart, soul and mind. This is the first and most important command."

Wow! The greatest rule we can ever, ever, EVER follow is about love. To love God with all your heart, soul, and mind. Now we can begin to see how spending time with God and learning about Him is so important. When we focus our thoughts, our actions, and our love on God we are following the greatest commandment in the Bible! We learned yesterday that God is love, and the one thing He desires from us is love too.

Questions: Name some ways you can love God with all your heart, soul, and mind. Are you able to show God how much you love Him today? How?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE!"**

Pray: Father God, you have given us the greatest commandment to love you with all our heart, soul and mind. I choose to love you with all that I am today. Amen.



WEEK 2: LOVE DAY 3

Yesterday we learned about the greatest commandment: Loving God with everything we have. There is a second commandment that Jesus gives right after He tells us to love God first.

Let's read Matthew 22:39

And the second command is like the first: 'Love your neighbor as you love yourself.'

Jesus was talking about the greatest commandments ever! And this is not just about showing love to your next door neighbors. Neighbors refer to everyone else. Your parents, your brothers and sisters, your friends, the people you meet and even the people you don't like. That may sound impossible, and it is, if you don't have God in your life. But the Bible says nothing is impossible with God (Matthew 19:26). We can be sure that when we choose God we will be able to love others the way He wants us to. Love God. Love others.

Questions: Should we follow the new commandments to love God and love others? Why? How can we love other people even if we don't get along with them?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE!"**

Pray: Father God, your word teaches us that we must choose to love other people. I am thankful you show us how to love those around me. Amen.



by CALEB Buechler

WEEK 2: LOVE DAY 4

Today we are going to look at a well-known passage about love.

1 Corinthians 13:4-7 says

Love is patient and kind. Love is not jealous, it does not brag, and it is not proud. Love is not rude, is not selfish, and does not become angry easily. Love does not remember wrongs done against it. Love takes no pleasure in evil, but rejoices over the truth. Love patiently accepts all things. It always trusts, always hopes, and always continues strong.

All that sounds amazing doesn't it? We are not capable of that kind of love without Jesus in our lives. To choose love, is to choose God. We should make our efforts to love others that way, and know that God loves us with a never ending love and more!

Questions: In the scripture above, which ways of expressing love come easily to you? Which ones are difficult for you? In what ways can you love others, like it says in today's passage, with God helping you?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE!"**

Pray: Father God, thank you for showing us what real love is. Thank you for giving us your word to teach us to love others the way you do. Amen.



WEEK 2: LOVE DAY 5

By now you are learning that real love is pretty incredible. And you may question if you deserve God's love. Maybe you did something wrong yesterday, like getting into a fight with your sister, or had a bad attitude towards your mom. Maybe you even have a secret that you hope no one ever finds out. Guess what? Whether you think you deserve God's love or not does not change anything. God loves you no matter what. In fact, nothing, **ABSOLUTELY NOTHING**, can stop God from loving you.

Let's read from Romans 8:38-39

Yes, I am sure that nothing can separate us from the love God has for us. Not death, not life, not angels, not ruling spirits, nothing now, nothing in the future, no powers, nothing above us, nothing below us, or anything else in the whole world will ever be able to separate us from the love of God that is in Christ Jesus our Lord.

Anything you did wrong last week, or next week, or 20 years from now can't stop God from loving you. No person or creature or power, or the devil himself can stop God from loving you. It's not about the way you look, how much you know or what you do or don't do, **GOD LOVES YOU!**

Questions: Do you believe that nothing can stop God's love for you? Can you think of someone who might not believe that God loves them? How would you be able to remind that person?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE!"**

Pray: Father God, I am so thankful that nothing can stop your love for me. You love me and I accept your love today. Amen.



**WEEK 2: LOVE
WEEKEND DAY 6**

Read these word of love from Psalm 57:10

Your love is so great it reaches to the skies. Your truth reaches to the clouds.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE!”**

Pray: Father God, your love for me is wonderful. It is so great it reaches up to the skies. Thank you for your love. Amen.

**WEEK 2: LOVE
WEEKEND DAY 7**

Read these words of love from Ephesians 3:18

And I pray that you and all God’s holy people will have the power to understand the greatness of Christ’s love. I pray that you can understand how wide and how long and how high and how deep that love is.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE!”**

Pray: Lord, I thank you for the greatness of your love. It is so wide, so long, so high and so deep. I love you Jesus. Amen.



WEEK 3: FAITH

DAY 1

Many heroes in the Bible did incredible things because of faith. Do you remember the story where Moses walked through the Red Sea on dry land? That was by faith. Do you remember the story of how Joshua lead the Israelites and the walls of Jericho came down? That was by faith. When we trust God through faith, he can spread open an entire sea and knock down the strong walls of a whole city. God did those things because his people were obedient. This is what it means to live by faith: being obedient to God and trusting that he will do the impossible. God can do incredible things through faith! But faith doesn't happen automatically. It doesn't come from a wish. Faith is something we need to choose. Learning about faith is incredibly exciting, so let's look at what the Bible says faith is.

Hebrews 11:1 teaches us what faith is:

Faith means being sure of the thing we hope for. And faith means knowing that something is real even if we do not see it.

Faith is a powerful force that you & I cannot see, taste, touch, hear or smell. Faith is used with our spirit, and not our body. And like the verse above says, faith knows that something is real even if we can't see it yet. You might be hoping for something really important. Maybe it's a new bike. Maybe it's a new friend. Maybe it's a miracle of healing for someone you love. Faith is not wishing that it is real, faith is being sure and confident that it IS real! Even if we can't see what we're hoping for, faith tells us it's on the way!

Questions: Can you think people in the Bible, or others in your life, who believed through faith and God did something incredible? Describe what faith means to you.

Today, our confession builds off of last week.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH!”**

Pray: Father God, thank you for faith! I will choose faith and believe your word. Amen.

GOOD NEWS

Feb 15th 2017

First, a word of warning

Talk to your

Ask the Author OF LIFE

It is easy to get confused



when life happens

Dear Author of life,
I watched a movie with a wolf and since then I have been having terrible nightmares. Can you help?



Dear Author of Life,
I hit my little brother the other day, I got in big trouble and I lost some of my marbles. Please Help.

Dear Dreaming with wolves,

I am very sorry to hear that you are having nightmares. Wolves can definitely be scary. Remember that the one who created them is much bigger and can protect you. Here are some verses from the Bible:

-Psalm 4:8^{NIV} says: In peace I lie down and sleep, for you alone, Lord, make me dwell in safety.
Some other verses are:
-Balm 91:5
-Proverbs 2:24

Dear Lost your marbles,

I hope this has nothing to do with memory loss! I hope your brother is okay. You can probably get some marbles by helping your brother. Here are some verses from the Bible:

- Eph 4:32

- Romans 12:10^{ESV}
Love one another with brotherly affection. Outdo one another in showing honor.

He can HeLP

WEEK 3: FAITH DAY 2

We learned yesterday that faith is being confident in something we can't see, but knowing that it's real. So, how do we choose faith?

Romans 10:17 tells us!

So faith comes from hearing the Good News. And people hear the Good News when someone tells them about Christ.

Remember in week 1 when we learned about how Jesus' words are life? Faith comes by hearing and reading God's word. We need to hear the good news about Jesus because it builds our faith. We can't build our faith if we don't take the time to hear it. So, what should we have faith in? Mark 11:22 says: Jesus answered, "Have faith in God". Having faith in God means hearing the word of God and believing it. It means being confident in the promises in God's word. It means you trust God even when you don't feel like it.

Questions: Are you going to believe what you hear in God's word? If faith comes by hearing the good news about Jesus, how can we hear more of God's word?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH!"**

Pray: Father God, thank you that faith comes! I choose to have faith in you Lord. I believe your word and the promises you have for me in the bible. Amen.

Presley Dyrland



WEEK 3: FAITH DAY 3

Today we focus on something that is vital when we are learning about faith. It's love!

Galatians 5:6 says:

The important thing is faith- the kind of faith that works through love.

This is why “the greatest commandment” is so important. Do you remember what we learned about last week? To love your Lord with all your heart, mind, and strength; and to love others. Love is so important when developing our faith. The Bible talks about a group of early Christians whose faith grew EXCEEDINGLY because of all the love they had for each other (2 Thessalonians 1:3). We're talking about the God kind of love that is patient, kind, and trusting. Faith and love work together. By showing love to God and others, you are developing your faith.

Questions: What are you believing for in your life? Are you using faith? Are you loving God & others?

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH!”**

Pray: Father God, you are love. And thank you that faith works through love. I choose to believe that my faith works through you. Amen.

**Jesus
is
Alive**



WEEK 3: FAITH

DAY 4

You may be wondering if you have any faith at all. Today we'll look at how we already have faith and who gave it to us. If you have Jesus living in you, then you HAVE FAITH.

Let's read Hebrews 12: 2 to show you:

Let us look only to Jesus. He is the one who began our faith, and he makes our faith perfect. Jesus suffered death on the cross. But he accepted the shame of the cross as if it were nothing. He did this because of the joy that God put before him. And now he is sitting at the right side of God's throne.

Jesus is the one who started your faith, and it was a gift from God when you asked Jesus to come inside your life and be your Lord (Ephesians 2:8). And remember, Jesus is alive and He wants to develop your faith to make it perfect! We learned earlier this week that faith comes by hearing God's word. That's how we grow our faith to make it stronger! If you feel that your faith is weak, there is a fix for that. Look to Jesus. Read His words in the Bible and believe in your heart they are truth. Do it again and again until your faith is strong.

Questions: If you are believing for something big, do you think it takes small faith or big faith? How can you change things in your life to make more time for growing your faith? Do you trust Jesus to make your faith perfect?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH!"**

Pray: Lord, thank you for the faith you started in me! I have faith. I choose to grow my faith and make it strong by spending time with you. Amen.



WEEK 3: FAITH DAY 5

Today we are learning about how we have to get rid of fear to keep our faith strong. Have you heard the story of Peter walking on the water? It's found in Matthew 14. As Jesus walks on the water the disciples see him and are afraid. Peter, one of the disciples says to Jesus "If it's really you, tell me to come." Jesus replied "Come!". Now, can YOU imagine climbing out of a boat and walking on water? Peter had faith to do that! But it didn't last. Instead of focusing on Jesus, Peter saw the strong wind and waves around him and became afraid. That's when Peter began to sink, so Jesus helped him back onto the boat.

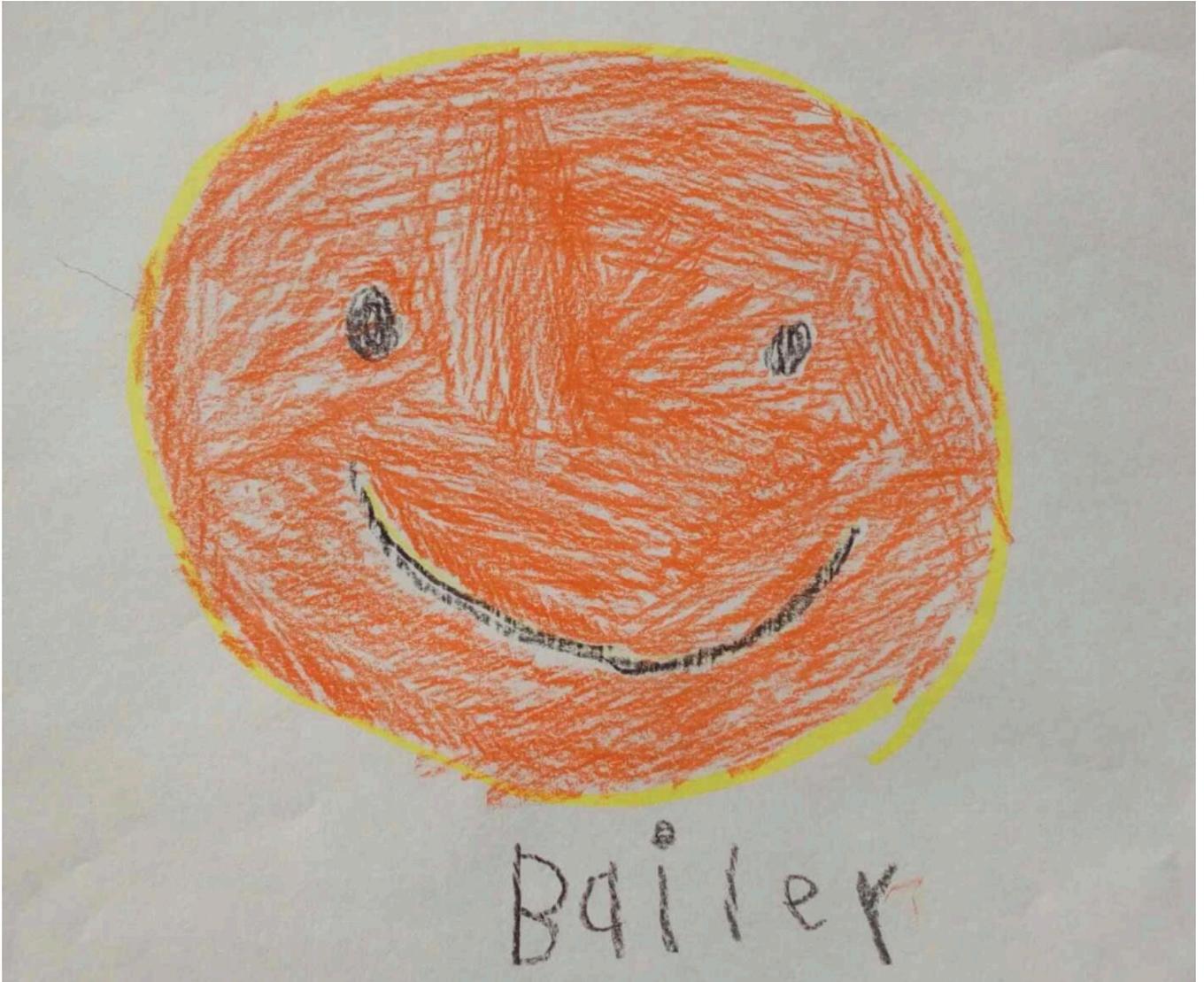
Our scripture today is Matthew 14:31 and it's what Jesus says to Peter: Jesus said, "Your faith is small. Why did you doubt?"

When we are growing our faith, there is something that tries to make our faith weak and small. It's fear. When we are afraid and doubt Jesus, our faith is small. But when we believe God's word and keep our eyes on Jesus, our faith grows! You cannot have faith and be afraid at the same time. You need to make a choice of faith or fear. Peter's story has a powerful message. Keep your eyes on Jesus, and choose faith! Remember, faith comes by hearing the word of God (Romans 10:17).

Questions: What tries to make our faith weak? What can you do when fear comes into your heart? Who should we focus on to get rid of fear?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH!"**

Pray: Lord Jesus, I choose faith. I refuse to focus on fearful things that may come my way. I will keep my eyes on you Jesus, and keep growing my faith. Amen.



**WEEK 3: FAITH
WEEKEND DAY 6**

Read these words of faith from Mark 11:24

So I tell you to ask for things in prayer. And if you believe that you have received those things, then they will be yours.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH!”**

Pray: Jesus, thank you for these mighty faith words. I believe and I receive. Amen.

**WEEK 3: FAITH
WEEKEND DAY 7**

Read these words of faith from Mark 9:23

Jesus said to the father, “You said, ‘If you can!’ All things are possible for him who believes.”

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH!”**

Pray: Father God, I choose to believe your word. And thank-you that your word says all things are possible to those who believe. Thank you for this mighty promise. Amen.



WEEK 4: GOD'S ARMOR DAY 1

We will be learning about God's armor this week, so let's start with 'why' we need to have armor. There is a spiritual battle going on and you are part of it. You're not putting on the armor of a soldier or your own armor. No way. The Bible says you are putting on GOD'S ARMOR. Think about that! Almighty God, Creator of the universe, the most powerful being, and you get to wear His armor. We are not physically putting on helmets and picking up heavy shields. This is spiritual armor. You cannot see it with your eyes, but that's okay. God can see it, and so can the devil. You just need to use it by faith!

Let's read about the spiritual battle in Ephesians 6: 12-13

Our fight is not against people on earth. We are fighting against the rules & authorities and the powers of this world's darkness. We are fighting against the spiritual powers of evil in the heavenly world. That is why you need to get God's full armor. Then on the day of evil you will be able to stand strong. And when you have finished the whole fight, you will still be standing.

God's word says we are in a spiritual battle, and by wearing His armor we will be able to stand strong. You will finish the battle and still be standing!

Questions: Why do we need to wear God's armor? What happens when we are wearing God's armor?

Today, our confession builds off of last week.

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Father God, thank-you for giving us your mighty armor to wear. We choose to take stand against evil in this world. Thank-you that we are strong with you. Amen.



WEEK 4: GOD'S ARMOR DAY 2

Let's keep learning about God's mighty armor, and today we focus on the first 3 pieces that we need to put on.

Ephesians 6:14-15 says

So stand strong, with the belt of truth tied around your waist. And on your chest wear the protection of right living. And on your feet wear the Good News of peace to help you stand strong.

Our belt of truth, is the word of truth. God's word! When we know God's word, it protects us. The protection of right living, also called righteousness, is from Jesus. When we accept Jesus and choose to live for him, we protect ourselves. And the feet need protection too! We need to stay on the right path, following after God, to stay safe. The good news of peace is God's peace which keeps our feet stable and strong.

Questions: Is believing the truth and following after God important to you? How can you protect your spiritual feet? How do we wear the belt of truth?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Lord, you provide us with your armor so that we can be protected. Through your word, which is the truth, your way of living and your peace I receive my spiritual armor. Amen.



WEEK 4: GOD'S ARMOR DAY 3

God's armor is powerful! Today we are going to focus on one specific piece of armor. The shield.

Let's read about it in Ephesians 6:16

And also use the shield of faith. With that you can stop all the burning arrows of the evil One.

Remember last week when we learned about faith? Do you remember that faith is what we hope for and being confident in God's word even if we do not see it yet? That's our shield! Our faith is our shield and we use it to protect ourselves from what the devil tries to throw at us. And that is why hearing and believing God's word is so powerful. The enemy will try to send us doubt and fear. Doubt and fear are not from God, and you do not have to accept it in your life. You use your shield of faith by believing God's word. Faith in His word will crush fear and doubt. Thank you God!

Questions: How successful can a soldier be without a shield? Can you find one verse in the Bible you can choose to remember and believe, to help protect you from fear and doubt? What can you say when fear and doubt comes?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Father God, as I read & believe your word I stay protected with the mighty shield of faith. Thank you Lord. Amen.



WEEK 4: GOD'S ARMOR DAY 4

**Let's continue learning about the armor by reading Ephesians 6:17
Accept God's salvation to be your helmet. And take the sword of the Spirit -that sword is the teaching of God.**

Do you wear a helmet when you ride your bike or skateboard? It's there to protect something VERY important. Your brain, which you use to think! The word of God says that we wear a helmet of salvation. Salvation is accepting Jesus into your life as your Lord and Savior and becoming part of God's family. When you see yourself as God's child, the devil tries to put lies or fear into your head. You need protection from those lies! You wear that helmet and say, "No way devil! I accept God's salvation, and I'm His child! I refuse to believe your lies."

God's armor also provides us with a weapon. The sword of the Spirit. That is the word of God, the Bible. God's word is alive, and powerful. When you READ it, SPEAK it and USE it in your life it acts as a weapon against the devil. Don't forget to use your weapon! And don't forget, it's powerful!

Questions: What can you say to protect your mind from the devil's lies? Out of all of God's armor, which piece do you need to spend more time practicing with spiritually? In what ways can you practice your spiritual armor? Example: You can act out putting on each piece of armor, and as you do this, ask God to protect you & show you how to use it.

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Lord, you have given us protection for our mind and a mighty weapon against the devil. Today I choose to protect my thoughts and learn your word. Amen.



WEEK 4: GOD'S ARMOR DAY 5

Now that we know about God's armor, we need to remember to use it. The reason why we need it is because we are standing against the devil. When we wear God's armor we are properly equipped to win. And what happens when we resist the devil?

Let's find out in today's scripture by reading James 4:7
So give yourselves to God. Stand against the devil, and the devil will run away from you.

The devil can't stand against God's word! We can use God's word to resist the devil. For example, if the devil is putting fear in your mind, you can resist him by saying 2 Tim 1:7 "God did not give us a spirit that makes us afraid. He gave us a spirit of power and love and self-control." Yes, God's word is this powerful. That's why it is so important to find scriptures that help you win the spiritual battles in life. Remember, God's armor is for you! But YOU are the one responsible for using it!

Questions: Why should we resist the devil? Does God's armor automatically work, or do we have to use it ourselves? Can you think of someone who will be able to help you look up scriptures for spiritual battles you are facing?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Thank you God that your word is so powerful! When we use your armor, and stand against the devil, he flees from us. Amen.



**WEEK 4: GOD'S ARMOR
WEEKEND DAY 6**

Read these words of protection from Psalm 91:2-4

I will say to the Lord, "You are my place of safety and protection. You are my God, and I trust you." God will save you from hidden traps and from deadly diseases. He will protect you like a bird spreading its wings over its young. His truth will be like your armor and shield.

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Lord, when I am afraid I will trust you. You keep me safe. The truth in your word protects me. Amen.

**WEEK 4: GOD'S ARMOR
WEEKEND DAY 7**

Read these words of protection in Psalm 46:1

God is our protection and our strength. He always helps in times of trouble.

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil!"**

Pray: Thank you God for your protection. I choose to believe your word and you will help me in times of trouble. Amen.



WEEK 5: HOLY SPIRIT/FREEDOM THROUGH CHRIST

DAY 1

Welcome to week 5! We will learn about the Holy Spirit this week, and living free through Christ.

Jesus teaches us about the Holy Spirit in John 14: 16-17, 26

I will ask the Father, and he will give you another Helper. He will give you this Helper to be with you forever. The Helper is the Spirit of truth. But the Helper will teach you everything. He will cause you to remember all the things I told you. This Helper is the Holy Spirit whom the Father will send in my name.

The bible says that God sent us His Holy Spirit to help us. The Holy Spirit will help us remember things we've learned about Jesus, and help us to remember the truth. This is important! When life gets tough we need the truth--God's truth--to show us what to do. The Bible talks about the Holy Spirit as a counselor, comforter, helper or guide. Let's choose the Holy Spirit to guide us in God's living truth.

Questions: Who is the helper God sent to teach us and guide us into truth? Have you ever asked the Holy Spirit to help you before? What examples can you think of when the Holy Spirit can remind you of God's truth?

Today, our confession builds off of last week.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ.”**

Pray: Lord, thank you for sending your Holy Spirit to be our helper. Holy Spirit please teach us and guide us into God's truth. Thank you for always being with us. Amen.



WEEK 5: HOLY SPIRIT/FREEDOM THROUGH CHRIST

DAY 2

If you are living for Jesus you can have the Holy Spirit living inside of you. Like we learned yesterday, He is here to help you, and guide you. But it is your job to make the right choice. The Holy Spirit can help us and guide us to God's word, but He can't force us to obey it. That is something you still have to do yourself.

Let's look at today's scripture from Romans 8:11

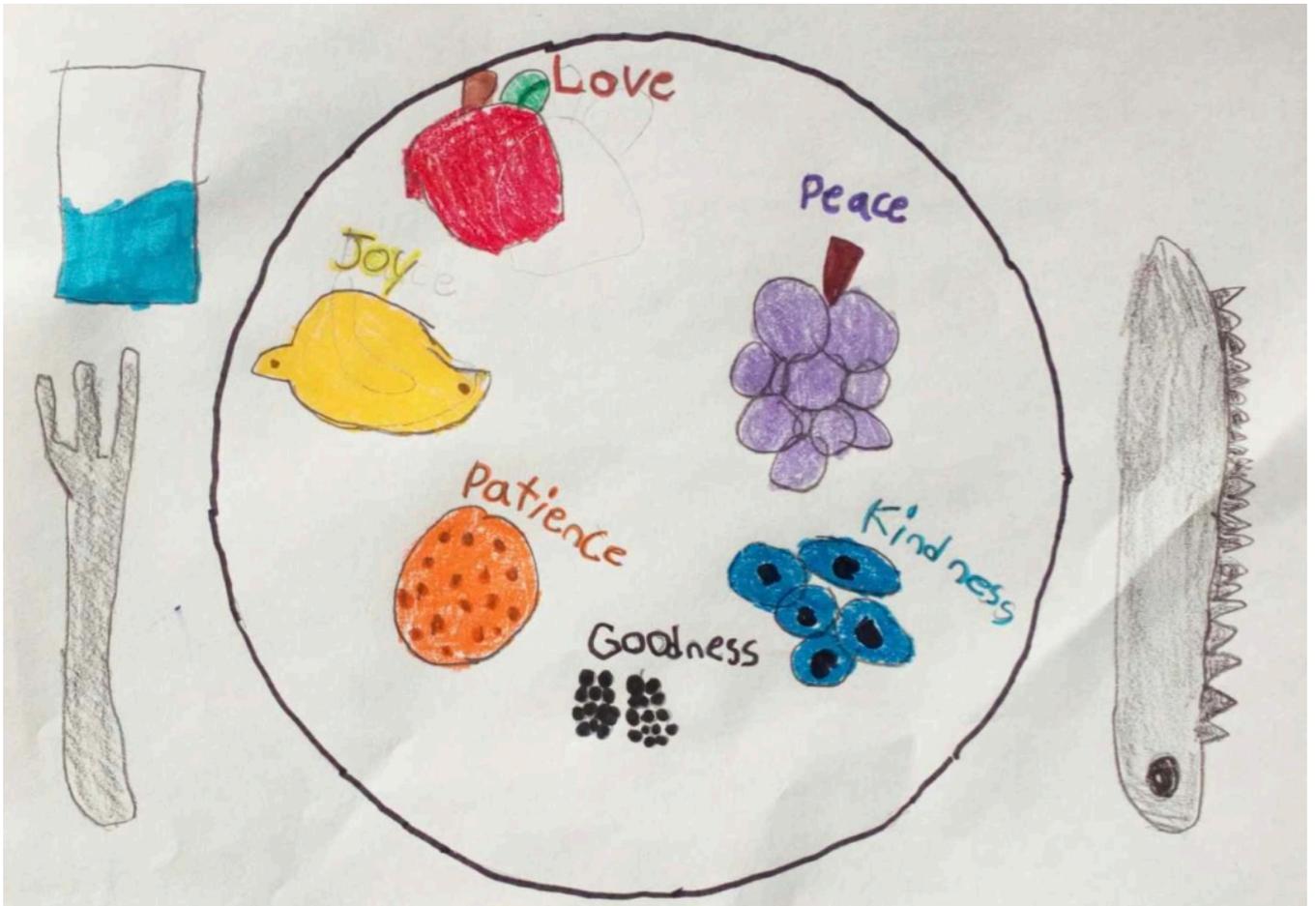
God raised Jesus from death. And if God's Spirit is living in you, then he will also give life to your bodies that die. God is the One who raised Christ from death. And he will give life through his Spirit that lives in you.

Wow! This verse is powerful. It tells us that God's Spirit, the Holy Spirit, lives in us. The same Spirit that raised Jesus from the dead! This Spirit gives us life! The Holy Spirit will never guide you in a way that is opposite to God's word. If you are doing or thinking something that is against God's word, that is not the leading of the Holy Spirit.

Questions: Do you think it is easy or difficult to do the right thing when the Holy Spirit guides us? What if everyone else is doing the wrong thing? Where could you check, or who could you ask to see if you are being led by the Holy Spirit?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ."**

Pray: Father, thank you for the leading of your Holy Spirit that lives in me. Thank you that your Spirit gives life to me! Amen.



WEEK 5: HOLY SPIRIT/FREEDOM THROUGH CHRIST

DAY 3

When we allow the Holy Spirit to guide us, the Bible shows us what the Spirit gives.

Today's verse is Galatians 5:22-23

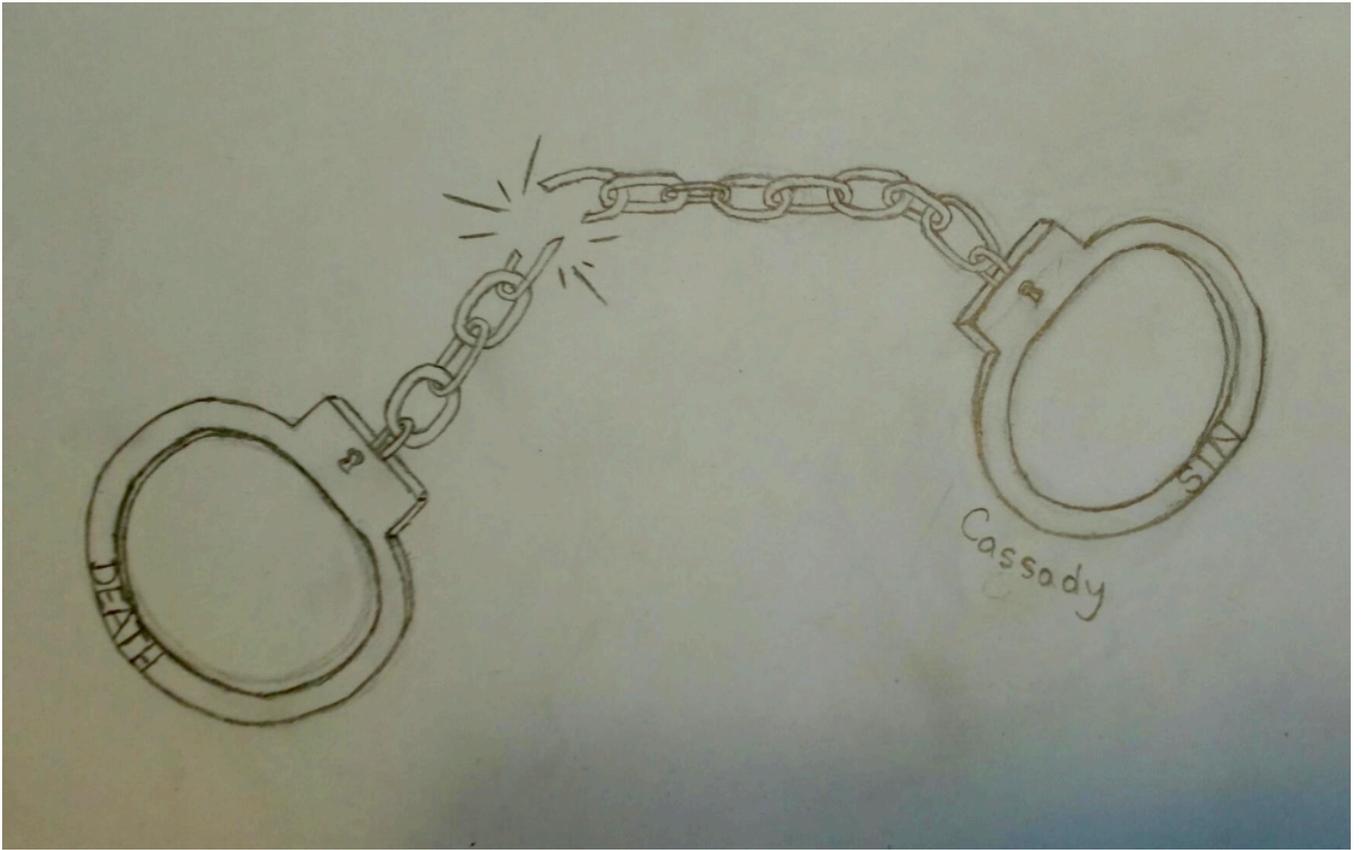
But the Spirit gives love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

The more time you spend getting to know Jesus and listening to the Holy Spirit, the more love, joy, peace, patience, goodness, faithfulness, gentleness and self-control you will see in your own life. We know that if these things are from God, then they are good! Listening to the Holy Spirit is simple, you just ask Him to show you what to do. You can say, "Holy Spirit, I'm here and I'm listening. As I read the word of God, show me what you want me to know. Guide me into God's truth." Then, get ready. He will speak to your heart. He will speak through God's word.

Questions: Which of the gifts of the Holy Spirit would you like to see more of in your life? Can you think of a time when you can talk to the Holy Spirit and give Him time to talk to you?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ."**

Pray: Lord, I desire to have the Holy Spirit work in my life. I will listen to Him when He speaks to me. I'm so thankful for all the gifts like love, joy and peace that come from you. Amen.



WEEK 5: HOLY SPIRIT/FREEDOM THROUGH CHRIST

DAY 4

Today we are talking about freedom through Christ. When Jesus went to the cross for our sins, he paid the price so we could be free. We don't have to live under the bondage of sin and death! We can have blessings and life!

Let's look at Romans 8:2

I am not judged guilty because in Christ Jesus the law of the Spirit that brings life made me free. It made me free from the law that brings sin and death.

Just like there are natural laws like gravity, there are spiritual laws that are working, even though you can't see them. Without Jesus there is the law that brings sin and death. Not something you or I want in our lives! But in Jesus there is the law of the Spirit of life. If you have accepted Jesus and you have the Spirit living inside of you, then you are free! This means when we sin, we can be free from it by asking God for forgiveness and doing the right thing. God loves us so very much that He sent Jesus to pay the price for all sin, so that if we believe in Him, we can be free from sin and death. That is something to celebrate!

Questions: How does it make you feel that Jesus already paid the price for all the sin in the world? Would you rather be under the law of the Spirit that brings life or under the law of sin?

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ.”**

Pray: Lord, I am so grateful that you paid the price for our sins. Thank you for going to the cross, thank you that the Spirit of life made us free from sin & death. We are free through you Jesus! Amen.



Freedom

WEEK 5: HOLY SPIRIT/FREEDOM THROUGH CHRIST

DAY 5

Today, we learn how the Holy Spirit and freedom are directly connected.

Let's look at 2 Corinthians 3:17

The Lord is the Spirit. And where the Spirit of the Lord is, there is freedom.

What a powerful verse. The Spirit brings freedom. Freedom from what? Well, basically anything that is not from God. That includes freedom from fear, worry, pain, sickness, disease, strife, envy, jealousy, lack, poverty, sin, and all other evil things (Deut. 28). There is freedom, but we need to choose the Holy Spirit.

As God's children we don't have to put up with the nasty things the devil tries to bring in our lives. We can rebuke him! We have God's armor! And when we choose to use the word of God by speaking and believing it, we have power through the Spirit who lives in us. Are you still not sure? Let's read Ephesians 3:20 to find out. "With God's power working in us, God can do much, much more than anything we can ask or think of."

Questions: What do you need freedom from? What brings freedom? What happens when we have God's power working in us?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ."**

Pray: Lord, thank you for your powerful Spirit that lives and works through us. And thank you that your Spirit brings freedom! Amen.



**WEEK 5: HOLY SPIRIT /FREEDOM THROUGH CHRIST
WEEKEND DAY 6**

Read these words of freedom from Galatians 5:1

We have freedom now because Christ made us free. So stand strong. Do not change and go back into the slavery of the law.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ!”**

Pray: Thank you Jesus we have freedom through you. I will be strong! Amen.

**WEEK 5: HOLY SPIRIT /FREEDOM THROUGH CHRIST
WEEKEND DAY 7**

Read these words of freedom from John 8:36

So if the Son makes you free, then you will be truly free.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ!”**

Pray: Lord, you bring true freedom. Holy Spirit, help me remember that freedom alone comes from God. Amen.



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER

DAY 1

Do you know what an overcomer is? Do you know what victory is? The two words work closely together. To be an overcomer is to win in a struggle, or to win over the enemy. And having victory is the completion of beating that enemy. So, if you have the victory, which is to win, then you are an overcomer! This week we are learning about both. You can be an overcomer and have victory because Jesus already did it for us.

Today let's look at John 16:33

I told you these things so that you can have peace in me. In this world you will have trouble. But be brave! I have defeated the world!

Jesus is telling us that there will be problems in this world. You may have already seen some problems. But we are not to give up and accept defeat. Oh no! Jesus says be brave! He has defeated the world, the devil, and already has the victory. He is the winner! He is the ultimate overcomer! If you want to learn how to overcome in life, just look to Jesus. Read his words, obey what he says, and be brave.

Questions: Have you ever seen an important game or battle where there was a big victory? What does winning look like to you?

Today, our confession builds off of last week.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!”**

Pray: Lord, thank you that you have already defeated sin and death. You have the victory and I follow after you. Amen.



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER

DAY 2

When we learn about how God sees us, we start to care less about how other people see us. People in this world might let you think that you don't need God, but that is a lie. We always need God for the victory. We will be learning that God sees us having victory and as an overcomer.

Today's verse is from 1John 5:4-5

Everyone who is a child of God has the power to win against the world. It is our faith that wins the victory against the world. So the one who conquers the world is the person who believes that Jesus is the Son of God.

You are a child of God! If you believe that Jesus is the Son of God, then you have power and faith to have victory over any problem in this world. God sees you as a winner! It's time you start seeing yourself that way too. And it is our faith that wins the victory! Our faith (remember week 3) is from God and comes from hearing God's words and works through love.

Questions: What is more important: the way others think of us, or the way God thinks of us? How can we know what God thinks of us? What wins the victory in this world?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!"**

Pray: Father God, I am your child. Thank you for the victory in every area of my life. Thank you that I am a conquerer! Amen.



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER

DAY 3

We already know that Jesus is an overcomer. He is an overcomer because he has the victory. God wants us to have the victory too, just like Jesus.

Let's look at Romans 8:37

But in all these things we have full victory through God who showed his love for us.

When things in life are not going our way, or when something bad happens we might feel defeated. But you're not going to find anything in the Bible where God is okay with you being defeated. No way! He wants you to have the victory. He loves you so much that He says that you have FULL victory in Him. That means sticking with God and doing things His way, through His love. That's the way to full victory!

Questions: In what areas of your life do you need victory? How can you choose to do things God's way? What does your life look like with full victory?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!"**

Pray: Father God, thank you for the full victory. It is because of your love that I am an overcomer. Amen.



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER

DAY 4

Remember last week when we learned about the Holy Spirit? Today we learn how God's Spirit inside of us is greater than our enemy.

Let's look at 1 John 4:4

My dear children, you belong to God. So you have defeated them because God's Spirit, who is in you, is greater than the devil, who is in the world.

The first thing to remember is that you belong to God. His spirit, living inside of you, has defeated the devil. An overcomer is someone who has the victory and has already defeated the enemy. God says that's already done. You're an overcomer because the greater one is in you!! Time to start thinking, speaking and acting like an overcomer.

Questions: Based on this verse 1 John 4:4, who is alive inside of you? How would an overcomer deal with problems in life? How does an overcomer talk?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!"**

Pray: Lord God, I belong you You. I believe that your Spirit lives within me. I believe you have conquered the devil and that makes me an overcomer! Amen.



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER

DAY 5

As we wrap up this week, let's remember to thank God who gives us every victory we have.

Today's scripture is 1 Corinthians 15:57

But we thank God! He gives us the victory through our Lord Jesus Christ.

God has a gift for you. It's called victory. And it was paid for by Jesus and what He did for us on the cross. When Jesus died and rose from the dead He defeated the devil and gave the victory to us. He wants us to succeed in life, have the victory he gave us and see ourselves as He sees us. But just like all of God's gifts, He made it a choice. We must choose to be an overcomer by accepting the victory.

Questions: Do you believe that Jesus paid the price of victory and defeated the devil? Will you choose to accept God's gift of victory through Jesus? How can you thank God for all He has given to you?

Confession (they can repeat after you): **"I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD's armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!"**

Pray: Thank you God for the victory! Thank-you God for giving it to us! Thank-you God that I am an overcomer through Jesus Christ! Amen.

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Paaay



WEEK 6: HAVING VICTORY & BEING AN OVERCOMER
WEEKEND DAY 6

Read these words of victory from Luke 10:19

Listen! I gave you power to walk on snakes and scorpions. I gave you more power than the Enemy has. Nothing will hurt you.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!”**

Pray: Lord, thank-you for the overcoming power you gave us. Through you Jesus, we have more power than the enemy. We have the victory in you Jesus. Amen.

WEEK 6: HAVING VICTORY & BEING AN OVERCOMER
WEEKEND DAY 7

Read these words of victory from Romans 8:31

So what should we say about this? If God is for us, then no one can defeat us.

Confession (they can repeat after you): **“I choose LIFE! I choose LOVE! I choose FAITH! I wear GOD’s armor and resist the devil! Holy Spirit be my guide. I am FREE through Christ. VICTORY is mine and I am an OVERCOMER!”**

Pray: Lord, I thank-you that you are on my side. I choose your life, your love, and faith. With your armor I resist and defeat the devil. Thank-you Holy Spirit for being my guide. I am free through Christ. I have the victory and I am an overcomer! Amen.

Praise you Jesus! You have finished 6 weeks of speaking Life, Love, Faith, Freedom, Victory, and so much more into your heart. Continue to plant God’s seed, His Word, into your life.

Final words of encouragement: God's truth is found in his word. We must learn His word, say it and believe it. Growing our faith is a skill to practice over a lifetime. Only through Jesus will we have the victory. So stay plugged into Him. Take the time every day to plug into God. Plant God's word, His seed, into your life. The seed that you plant into your heart will grow.

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I would enjoy hearing from you. You can email me your comments or questions at:
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